



friendship force  
NORTHERN COLORADO

# FRIENDSHIP FLYER



Ed Brigden—Editor & Publisher

February  
2012

## Fort Collins, Greeley, Loveland, and Surrounding

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### FROM OUR PRESIDENT

As I assume the role of FFNC President, I'm reflecting on the outstanding success of our organization from so many individual contributions. So many of you have agreed to support our club through your active participation as: officers; committee members; an ED; outgoing and incoming exchange participants; monthly program arrangers; newsletter creator or reporter; membership caller for special events; store manager; guests and members greeters; ride providers; hosts of large or small group gatherings in your homes; meeting snack providers; mentors for new members; updater of our history; raffle ticket sellers; manager of tablecloths and kitchen supplies; cleaners at our monthly meetings and gatherings; meeting attenders; gardeners at Benson Park; or FFNC representatives at the International level. I thank all of you for contributions of your time, energy, talents and support of FFNC. Our strength is enhanced by your enthusiasm and participation. A special thanks goes to our new (and returning) officers and committee chairs. Please note our new list on page 7.



Throughout the year we'll be asking for volunteers for various committees and functions. There will be numerous opportunities for you to become actively engaged, and I invite you to share in some capacity to keep our club vibrant. **NOTE ONE IMMEDIATE NEED:** two people to help clean up and take the trash bags out after each monthly meeting. Please let me know if you're willing to assume those jobs. Also, if you think you might have an interesting speaker or program possibility that fits within our club ideals, please contact Esther Johnsen.

We will continue to attempt to grow our membership this year. A personal invitation from you is one of the best ways to expand interest in our club. Please take a moment to carefully reflect on friends or acquaintances **YOU** believe would enjoy Friendship Force and be dynamic additions to our club. Then, nurture their interest by inviting them to attend one of our meetings or functions. Let's all challenge ourselves to bring in lots more great new members this year!

Marcia Ross

*Next Meeting*  
**February 10, 2012**

**7:00 PM**

# BRAZIL

*A First-Hand Look  
From Heloisa*

**Faith Church  
Of Christ  
1020 Walnut  
Windsor, CO**

## UPCOMING EXCHANGES

### LINCOLN, NE

JUNE 22—28

*Inbound*

The Lincoln club currently expects to have from 20 to 25 ambassadors for our interclub Exchange in June. Activities plans are well underway for a fun week. However, I still need additional home hosts, day hosts and dinner hosts. If you can host and/or assist with any of the Exchange committees, please let me know. This is a great way to learn more about FF. The more the merrier!

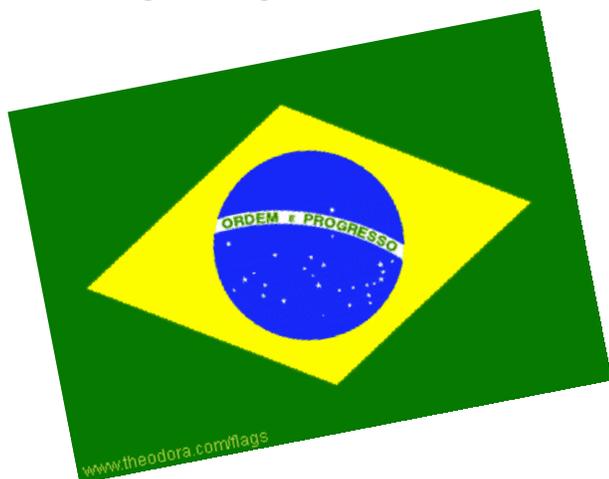
#### EXCHANGE DIRECTOR

Carolyn Crowley 377-1299  
[cjcrowley707@gmail.com](mailto:cjcrowley707@gmail.com)

### FEBRUARY MEETING

FEBRUARY 10

Brazil and its culture will be the program topic at the February meeting. The presenter, Heloisa Adegas, is a Brazilian living in the United States for a few months. She is 17, and speaks fluent and easy-to-understand English. On February 10th, she will give us a power point presentation that includes photos of Brazil. Heloisa is here with her family while her father is doing post doctoral work at CSU. Her hobbies are traveling and playing music. Join us for what promises to be an exciting evening, as we learn about Brazil!



### BRAZIL

SAO JOSE DE RIO PRETO

CURITIBA METROPOLITANO

SEPTEMBER 17—OCTOBER 5

*Outbound*

The Brazil Exchange still has several openings for ambassadors so I hope that you will consider this wonderful opportunity to visit our southern hemisphere FF friends. We shall have an informational meeting, for Ambassadors and for anyone interested in this Exchange, at my home on Tuesday, February 21 at 7 pm.

Both clubs are planning a number of fun and interesting activities. They also assure me that we will not have any trouble with communicating.

Experience the largest country in South America, one with a thriving economy.

What are you waiting for? See me for a sales pitch.

#### EXCHANGE DIRECTOR

Judy Flatley 223-1037  
[flatleyjl@msn.com](mailto:flatleyjl@msn.com)

### NEW ZEALAND

OCTOBER 14—20

*Inbound*

Oh, good! The Kiwi's are coming! Join us to help plan and to get involved in an exchange that will be as fun and inclusive as were our Exchanges in October/November, 2010 to South Taranaki (North Island) and Christchurch (South Island).

Although the South Taranaki club currently has 17 signed up for the Exchange, we expect and hope that they will gain numbers after their All-New Zealand Conference this month at Hawera (location of the South Taranaki Club).

#### EXCHANGE DIRECTOR

Cindy Paulson 225-2252  
[cdp225@msn.com](mailto:cdp225@msn.com)

**JANUARY MEETING PRESENTATION—"OH CANADA..."**

Road Trip? You bet! Sixteen members of the FFNC club ventured in cars from Colorado to Canada in September 2011. Sharing this experience provided an entertaining January program for the club. We arrived in Calgary, Alberta, Canada just in time for the Spruce Meadows Masters, featuring the world's best Show Horse Jumpers. Not only was this an elegant sports event, it was exciting to watch a Canadian, Eric Lamaze, win this international competition.

Our tour of downtown Calgary included Calgary Stampede memorabilia in City Hall; the Olympic Plaza where 1988 Winter Olympic medals were received; the *Famous Five* statues of 1929 women who had a huge impact on Canadian women's rights; a delightful row of artistic "pink gophers" and the famous Calgary Tower with its glass floor 626 feet above the street.

Welcome parties are always fun especially when we met retired RCMP Mountie Robbie Robertson, the cowboy poet of Canada. The Royal Tyrrell Museum was a journey back in time as we viewed Canada's mightiest dinosaurs. Not far down the road were the famous "Hoodoos", mushroom-looking rock formations. Visiting Fort Calgary helped us learn more of Canada's history as well as interesting facts about the RCMP (Mounties). Our Hosts planned a fun "Car Rally" to view interesting areas such as the Leighton Art Gallery, fantastic mountain views, Marv's Classic Soda Shop (50's all the way), and the Okotoks (huge glacial rocks left on the plains). Some of our group were able to visit the new Canada Sports Hall of Fame which featured

state of the art interactive activities and programs on most sports—a must see!

Our group enjoyed the drive through beautiful mountain ranges on the way to Banff and Lake Louise. Soon we reached our second Exchange in Penticton, British Columbia in the midst of the Okanagan Valley. This is Canada's only desert area, which happens to be blessed with an 86-mile long lake, ideal for irrigation and recreation. Sunshine and water have created the perfect spot to farm and vacation. Produce and grapevines abound and the valley is home to 240 wineries. WOW! We visited and tasted at many of them during our stay.

Fish hatcheries, salmon spawning, hiking on the Trans Canada Trail and along the beach of Okanagan Lake were just part of our experience. To learn about the Okanagan Gleaners (who have provided food for over 45,000,000 meals worldwide through a massive 16-year volunteer effort) was astonishing and humbling. Our club supported their work with a \$200 gift. Next, we were awed by the NK'MIP *Aboriginals* (Indians) sharing the many successes of the *Band* (tribe). Their Desert Cultural Center with its live snake presentation and simulated NK'MIP Village was impressive (as was our farewell dinner at their Desert Canyon Golf Club). We were honored by three youth dancers from the Band, and by a presentation from Mountie Susie on what it takes to become part of the RCMP. Good-byes can be tearful as we said so long to our new friends, but we're hoping to see them all again as they visit our part of the world!

Barbara Miller



January Meeting Presenters



Bob Speaks of Snakes



Pink Gopher



Gleaners Prepping Peppers

## FF REGIONAL CONFERENCE—CHEYENNE, WY—APRIL 27 & 28

Our FF region includes five Colorado clubs, plus one in SLC, Utah and one in Cheyenne, Wyoming. These seven clubs come together for regional conferences every two years. As you probably recall, FFNC, with Marion Sparks as the conference chairperson, hosted the conference in 2010. This year we'll gather again, at the Plains Hotel in Cheyenne, April 27-28. The Western theme conference, "**Ropin' The Friendship Future**" promises to be an exciting, interesting, entertaining and informative two days! **SO DON'T MISS IT!**

The conference begins Friday evening with a dinner and opening general session with Cinda Clark's keynote: **WORKING EFFECTIVELY WITH FFI TRAILBOSES**. Entertainment will be provided by Todd Dereemer, Wyoming songwriter, singer.

Saturday starts with a **BUFFET BREAKFAST & WELCOME**, followed by a general session: **ROUNDING-UP & HEADING OUT MEMBERSHIP**. Thelma Slocum is a co-presenter for this session.

**GEORGE BROWN, FFI PRESIDENT**, will

present a general session on FF's future, right before lunch and will host a closing session Q & A on Saturday afternoon.

Saturday evening will feature a **BUNKHOUSE BARBECUE** and entertainment by Gropo Folclorico Colonias de Jalisco, then **SQUARE DANCING**, with Dennis Miller calling.

Register for the conference before Feb. 28 to get the early registration price of \$90, which includes everything: all meals, conference sessions, entertainment, printed materials and home-hosting for Friday &/or Saturday nights. An alternative to home-stay is The Plains Hotel which is offering special conference rates. (\$79 single or \$89 double)

You can get the registration form at the Cheyenne FF website <http://www.cheyenne.org/FF/> Or, contact me for help with getting registered.

Cindy Paulson, FFNC conference liaison  
225-2252 [cdp225@msn.com](mailto:cdp225@msn.com)

We will each be able to **select three** workshops from these nine choices:

1. **EXPLORING THE WORLD THROUGH BOOKS**, Mary Guthrie, Barb Guilford
2. **BRANDING AND MARKETING YOUR CRITTERS**, Kim Kittel, Cheyenne
3. **CREATING A COWGIRL PICTURE POSTCARD DVD**, Judy Eatmon, Cheyenne
4. **HOWDY PARDNER**, Jan Peterson, Cheyenne; Judy Flatley, Northern Colorado
5. **FIRST USA DISCOVER EXCHANGE IN 2012**, Sue Palmer, Western Colorado
6. **RIDING THE DIGITAL TRAIL**, Dan Hannaway, Warren Hill, Pikes Peak Region
7. **INSURANCE & TRAVEL TIPS**, Dave Bentzin, Denver, Tony Adams, Cheyenne
8. **UNIVERSAL LANGUAGE OF MUSIC**, Dave Shaul, Cheyenne
9. **PACKING YOUR SADDLEBAGS**, Cindy Paulson, Northern Colorado

**Watch for expanded workshop details soon.**

## FFI FIELD REP UPDATES

Pallie Savoie (FFI homeoffice coordinator) is collecting Regional Conference agendas. This helps in the planning for FFI as to what is needed or would be helpful to our clubs. Yes, George Brown is still planning to attend our Mountain States Regional conference in Cheyenne on April 27 and 28. Do get your reservation in.

The Friendship Force is planning to launch a new 5 Point Expansion Plan for 2012-2014 on February 2. I will try to present the proposal at the February meeting. It will be interesting to become involved. Get ready.

## MEMBERSHIP

We're off to a good start for 2012 with 54 paid members so far (checks still coming in). We hope to surpass last years' 83 members. We have added two new members for 2012: Rona Baer from Loveland and Merritt Martin from Ft. Collins. Rona is in accounting, and Merritt has returned to us after a several year absence; he joined FF in the 1980's. I guess that makes him close to a charter member. He loves music, travel and sports and is an accomplished violinist.

For those who have not yet paid their dues, please forward \$35 per person for 2012 membership. Please mail your check to:

Thelma Slocum  
5025 Bluestem Ct  
Ft. Collins, CO 80525

Or pay at the February meeting on February, 10<sup>th</sup>.

Remember to invite friends to any of our meetings. We seek individuals, couples and families who are interested in personal exposure to, and involvement with, people of other cultures.

*Thelma Slocum*

We were given another tour of the International Web Site and told that we could soon expect expanded access to retrieve current international information. Everyone has access to the Site: [www.thefriendshipforce.org](http://www.thefriendshipforce.org). Check it out. You will find a wide variety of interesting background on FF activities 'round the world.

My job for February will be to contact all the Mountain States Clubs and update the first quarter Exchanges. You can expect a regional exchange catalog. Keep looking, as you can join any of these Exchanges on a space available and interview basis.

*Betty Jean DeMersseman*

## "THANK YOU" FROM CINDA CLARK



It was such a surprise, and an honor, to be named the Volunteer of the Year for 2011 by our Club President. During 2011, I participated in helping at our assigned garden in Benson Park. But so did so many others, and some of you put in much more time. I organized a Discover Exchange to Iceland, and was delighted that several of our members traveled in the group as pioneer Ambassadors. Thanks for helping to introduce Iceland to our wonderful organization. It was a pleasure serving on the Programs and Nominating Committees. I played small parts, or networked with some of you to accomplish various other goals. Finally, I was selected to be one of four new members on the 14-delegate FFI Board of Directors. Thanks to Judith Cadarette for the recognition, and to all the members who helped me look good! I am so very happy to be a part of The Friendship Force of Northern Colorado.

In gratitude, Cinda Clark

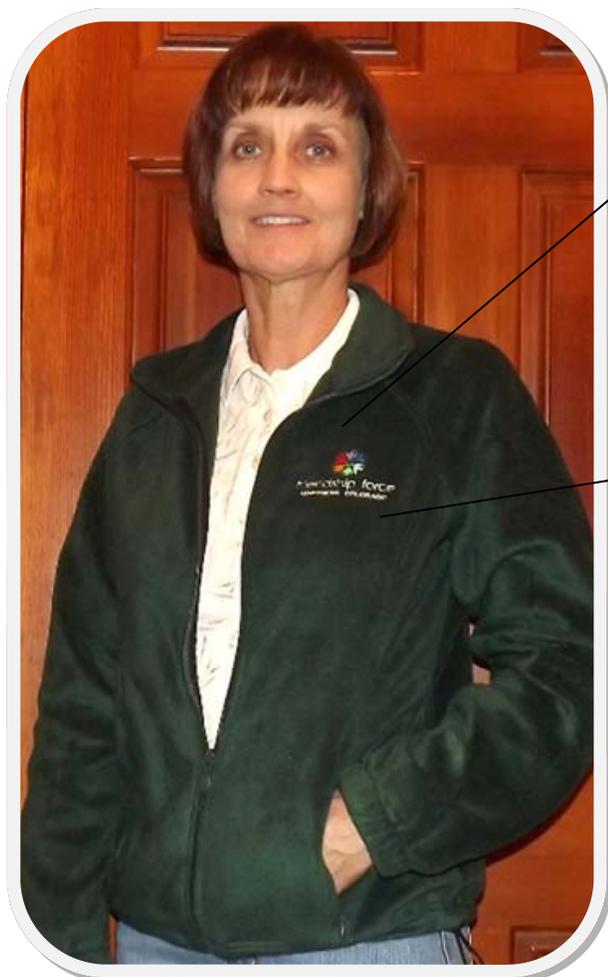
## FFNC FLEECE JACKETS & VESTS GET 'EM WHILE THEY'RE HOT

Great news! We will have Friendship Force fleece jackets and vests available for ordering. These are high quality, medium weight, machine washable fleece. The color is **HUNTER GREEN**, and our Northern Colorado Friendship Force logo will be embroidered on the top-left. Jackets and vests are full-zip garments, and have two zippered pockets. We'll have sample sizes for try-on at the February 10 meeting. Jackets are available in women's and men's sizes small through 3XL. Vests are also unisex sized small through 3XL. If we have 25 or more ordered, our price will be \$28 each, including the embroidery.

If our order is for more than 60, the price drops down to \$25. It's to our advantage to place a bulk order, which gives us significant savings off the regular price. If you can't be at the February 10 meeting, please contact me to place your order. If you'd like to try on the jackets & vests, I'll be available to meet people during the week of February 4-11. The order will be placed on Feb. 12, and we'll have the jackets and vests for you at the March 9 meeting.

*Cindy Paulson*

[cdp225@msn.com](mailto:cdp225@msn.com) 970 225-2252



Inbound

Outbound

## EXCHANGE CALENDAR

## 2012 OFFICERS & COMMITTEE CHAIRS

2 **Mountain States Regional Conference**

April 27-28

Cheyenne, WY

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1  
2 **Lincoln, NE** June 22-28

Carolyn Crowley 377-1299  
cjcrowley707@gmail.com

**Brazil** Sept 17-Oct 5

Sao Jose de Rio Preto Sept 18-24

Curitiba Metropolitan Sept 24-30

Judy Flatley 223-1037  
flatleyjl@msn.com

**South Taranaki, New Zealand** October 14-20

Cindy Paulson 225-2252  
cdp225@msn.com

**FFI World Conference**

October 30-November 3  
Hiroshima, Japan

2  
0  
1  
3 **FFI World Conference**

November 22-25, 2013  
New Orleans, LA

**PRESIDENT: Marcia Ross**

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**Music: Rosemary Donovan, Larry Clark**

669-8818 donovangcd@aol.com

669-5426 clarksmail@msn.com

**Store: Paulette Weaver & Barb Turnbull**

356-5068 interweaver@greeleynet.com

493-0787 b.turnbull493@gmail.com

**Historian: Ken Weaver**

356-5068 interweaver@greeleynet.com

**Greeting Table: Willie Westdorp 667-6525**

Carolyn Crowley 377-1299

**Hospitality: Mary Riney 330-5248**

Debbie Jones 686-0303

**Tablecloth Mgr; Kay Sheahan**

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**Lge. Drink Containers: Cindy Paulson**

**Ways & Means: Dick Johnsen & Doris Rogers**

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203-9045 doris.rogers@live.com

**Photographers: Cathie McCallum, Ed Brigden, Cindy Paulson**

**Reporters: Barbara Miller, Marion Sparks, Thelma Slocum, Brenda Wiginton**

## IN MEMORIAM TERRI SULLIVAN

Terri Sullivan passed away on December 15, 2011 after a brief battle with cancer. Terri had been an FFNC member and had been active with inbound exchanges and with our monthly meetings.

Terri spent 35 years in Spain and Turkey in education and library science, teaching at overseas military schools. Terri and Phil retired to Fort Collins in 2002 to be near their son and daughter

We extend our heartfelt sympathies and condolences to Phil and Terri's family.

## GERRY DONOVAN

Gerry Donovan (Past FFNC President, 2004) is recovering from a stroke suffered on January 15. Currently at the Northern Colorado Rehabilitation Hospital, he is responding well to rehab exercises and is slowly regaining use of his left side. He currently anticipates a discharge for further convalescence at home on February 11. Both Gerry and Rosemary are counting the days!

### Garden Schedule for Springtime 2012 is:

April 14: Gardeners' Potluck Breakfast 9-10 AM  
at Anne Brown's home  
Garden Cleanup 10-11:30 AM  
April 21: [Rain/Snow Alternate Date](#) for Garden  
Potluck & Cleanup  
May 12: Garden Workday 10-Noon  
May 19: Continued May Workday 10-Noon ( if needed)  
June 1: Benson Gardens Combined Planting Day  
June 9: FFNC Workday (if needed)

## LATE WINTER BENSON GARDEN OUTLOOK

Garden shops are gearing up for springtime and so are we! Our FFNC adopted garden at Benson Sculpture Park will sprout a number of changes this year. Opportunities abound for you to become involved. Volunteer shifts can range from an hour upward.

Here is an early update of what is ahead based on discussions with the Benson Park Garden Manager and Arborist last November.

➤ *A second plaque to credit FFNC's adoption will be installed on the east entrance. The existing plaque on the west side will be repositioned for more visibility.*

➤ *Benson caretakers will use a rototiller to remove the diseased plants and then treat the soil on the south side of the garden wall for bindweed. New frilly coreopsis plantings will be available for us to replace the diseased plants in June. New high grasses will be used against the southern side of the south wall.*

➤ *The area around the light post at the SE corner will be converted back into lawn. Our garden will be a bit smaller.*

➤ *Stone will be brought in to the east entrance and installed to prevent washouts during storms. (A long term drainage solution may require reconstruction of the street gutter.)*

Since club volunteers did such a good job in last fall's cleanup, only a light effort will be needed this spring. We've scheduled our first workday for Saturday morning, April 14. Anne Brown has agreed to have the volunteers meet at her house for a potluck breakfast that day. Over breakfast we'll discuss what's ahead for the season and then move to the gardens for our first work session. Considering Colorado's fickle weather, we have set a rain or snow date for one week later (4/21). So mark your calendars and watch for more details to follow next month.

*Nancy Brigden*