



friendship force
NORTHERN COLORADO

FRIENDSHIP FLYER

June
2012

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Fort Collins, Greeley, Loveland, and Surrounding Areas

Each month, I eagerly look forward to receiving our FFNC Friendship Flyer. Our newsletter is an excellent resource for reminders about important club-related dates, recaps and updates on events and programs, news related to our members, and information regarding exchange opportunities. Thank you to everyone who has made or will make contributions of newsletter articles and information. I would like to especially recognize and thank our three outstanding Editors/Publishers. Ed Brigden, Cindy Paulson and Marilyn Garner each are responsible for producing one third of our newsletters during the year. They devote many hours to the tasks of following up with article-writers to gather accurate information, keep our exchange information calendar updated, edit articles, add photographs and put it all together in an interesting & professional manner. **Great job Ed, Cindy and Marilyn!!**



Although there are many positive aspects of membership in FFNC, one of the most notable to me is the opportunity to be involved with our exchanges. We currently have several members whom I would like to recognize because they are providing leadership, and are investing the time and energy necessary to insure that positive exchange opportunities will occur both for our guests and for our own club members. Both incoming and outgoing EDs must confer frequently with their counterparts from the other club. All inbound EDs must make sure the accommodations, activities, tours and meals during an exchange showcase our wonderful Northern Colorado region, match guests with appropriate hosts, and provide a warm FFNC welcome. Outbound exchange directors have the task of selecting ambassadors, organizing travel and accommodation arrangements, planning extension activities, and providing opportunities for learning about the people and culture of the region to be visited.

Many thanks to these E.D.s and assistants for 2012-2013: Carolyn Crowley; Judy Flatley & Doris Rogers; Cindy Paulson; Alice Gibson & Elle Barr; Cindy Paulson & Marcia Ross; and Barbara Miller & Kay Thomas. I'd like to especially recognize and thank Dot Cada and Cinda Clark not only for their roles as EDs, but for their pioneer spirit in extending the hand of friendship and helping to expand the reach of FFI to new areas of the world. Check out p. 7 for all current exchanges. We are in the process of selecting an ED for outbound Pennsylvania, and for inbound Mid-Willamette Valley, OR. *Please consider taking on one of these leadership roles!*

~ Marcia Ross

Next Meeting

June 8, 2012

7:00 PM

Program

presented by :

Maria Farinango,

From

Otavalo, Ecuador

See p. 3 for details

Faith United Church

Of Christ

1020 Walnut

Windsor, CO

UPCOMING EXCHANGES



BRAZIL

SEPTEMBER 18—OCT. 6, 2012



Four spaces are available, so ACT NOW to secure your place on this exciting exchange! Join us for 18 days in **Brazil**, a country with an astounding variety of natural and cultural wonders! We'll have two home-stays, with our friends in **Sao Jose do Rio Preto**, and **Curitiba-Metropolitan**. Both clubs have planned an exciting itinerary in their respective areas, where we will learn about their unique history, culture and of course we will enjoy the Brazilian cuisine!

Our post exchange tours include two days of sightseeing and tours of Iguassu Falls, some of the most magnificent water falls in the world! From there we will fly to Rio de Janeiro, where we'll have guided tours of the local sites and sounds of this exciting city. We return home October 6.

Costs: \$3160 includes all flights, FFI & hosting fees, private tours, guides, accommodations, most meals
\$ 160 for required Visa

ACT NOW!

Contact Exchange Director, Judy Flatley

223-1037 flatleyjl@msn.com

DALLAS, TEXAS

NOVEMBER 7-14, 2012

I've been in contact with **Great Falls Montana** ambassadors who will be travelling to Dallas in November. They have invited us to join their exchange. There are currently eight from Montana who are signed up to fly to Dallas and spend the week with the gracious Texans. I'm hoping eight or ten Coloradans will join me in driving to the **Lone Star State**. In 2009 our club had an exchange to Montana, and in 2010 we hosted the Dallas club here in N. Colorado. So, with this exchange we'll be able reconnect with friends from those two clubs, and establish some new friendships! Please give me a call if you have an interest in joining this exchange and/or assist with planning for Dallas.

Alice Gibson, Exchange Director
310-8848 aligibs@yahoo.com

COSTA RICA

JANUARY 6-22, 2013



26 ambassadors will travel together to Costa Rica in January. We will have a one week exchange with the Friendship Force of Turrialba, then a 10 day tour through Costa Rica.

Cost: \$2600 includes home-hosted exchange, FFI fees, airfare, shuttles, and extension tour: motor coach, hotels, all meals, and activities.

Although the exchange is "full" we do have a waiting list. If any of the ambassadors have to cancel, we want to have the ability to immediately give the Costa Rica Exchange opportunity to another qualified member. For more information and to get your application, please contact Exchange Directors:

Marcia Ross Cindy Paulson
377-0512 225-2252

JUNE 8 PROGRAM: MARIA FARINANGO'S STORY

The program for our June 8 meeting will be presented by our friend, **Maria Farinango**. Nine years have passed since FFNC first met Maria and her husband, Tino Picausi, from Otavalo, Ecuador. Come to hear about their lives since 2003. Maria will tell us about her recently published book, *The Queen of Water*. Co-author of the book, Laura Resau, of Fort Collins, will also be at our meeting. Tino has a new CD of pan flute music entitled *Tal Como Soy* which in English means *Just as I Am*. Maria will tell us of the outreach programs that she and Tino are involved with, *Casa Familiar* and *Vida*. Also Maria will update us on her progress toward attaining her college degree in psychology. Ecuadorian merchandise which Maria offers at community festivals will be displayed, and autographed copies of her book will be available to purchase.

JUNE 8 MEETING REMINDERS

Please plan to attend our **June 8 meeting**, which will include our annual election of officers. We'll vote on the following proposed slate of officers for 2013:

Pres., Marcia Ross; VP, Marilyn Garner; Sec. Paulette Weaver; Treas., Alice Gibson. Nominations from the floor will be taken, followed by voting.

We'll be videotaping this meeting.

We hope to see everyone there.

JUNE 2 GARDENING

BENSON PARK FF GARDEN
Saturday, June 2: Planting Day

7:30 -11:00 a.m.

Meet at our garden at the east edge
of Benson Park,

to help with planting, weeding,
pruning, and spreading mulch.

Please bring gardening tools & gloves,
and remember sunscreen & hats.

SAD NEWS....

Our condolences are extended to the families of our friends Al Sheahan and Marian Wemple.

Al Sheahan, long time Friendship Force member, passed away on May 19, 2012 at the Peaks Care Center in Longmont. He was born on May 2, 1930 in Wichita, KS to Leo and Elizabeth Sheahan where he grew up on a farm near Kingman, KS, one of 8 sons and 4 daughters. The family moved near Formoso, KS in February 1946 where Al graduated from high school in May of 1948. Following a long time dream, he moved to CO where he lived at various times in Longmont, Estes Park, Fort Collins and Loveland.

Marian Wemple, FFNC member during the 1990s, passed away on May 3, 2012. Marian and her husband, Ron, were active in Friendship Force as members and leaders: Ron was president in 1994 and secretary in 1995, and they led a humanitarian exchange to St. Petersburg in 1993.

MAY MEETING FEATURED LOADS OF LOVE



Dave & Diane Mills recently shared their humanitarian visit to Mbale, Uganda with an Austin, Texas group that builds and sustains “**Libraries of Love**”. This project was initiated eight years ago by Trudy Marshall, a retired Austin librarian. Trudy has inspired these modern-day Missionaries of Reading to create 24 libraries, benefitting 30,000 students. Since English is the language of schools, recycled books that are in good condition have found a new home in this African nation.

Dave shared some interesting facts about Uganda such as:

- GDP in Uganda is \$1,200/yr. compared to \$48,000/yr. USA
- Average family has 7 children (down from 10)
- Life expectancy is 49 yrs. compared to 77 yrs. in USA
- Agriculture primary industry; coffee, tea, fruit, vegetables
- Religion – 84% Christian and 12% Muslim
- Literacy rate is 77% for men and 58% for women

The Texas volunteers work for 1 year preparing the gently used books with library pockets and codes on the book spines. Books are sent in a large shipping container to Uganda awaiting the mission team’s arrival. The team of 14 remodeled the classroom dedicated for the library with paint and shelving while other team members sorted the 4,000 books for organizing when shelves are completed.

They worked from 9:00 to 3:00 to finish one school library, and during their visit were able to complete three elementary libraries. Celebrations were planned and thanks given for this generous gift that blessed so many children and families.

Through beautiful slides of their visit, the Mills were able to share the culture of this area as we learned about clothing, foods, housing, transportation and “Field Day” at a local school. We saw a classroom with 137 children (70 boys, 67 girls). This elementary school had 3,850 students, however, most schools were smaller with an average of 50 students per class.



The animal photos were a delight as we viewed baboons, old cape buffaloes, hartebeasts, kob, elephants, hippos, crocodiles sleeping with open mouths, and giraffes of all sizes. Thank you Dave and Diane for sharing your African adventure and goodwill journey...we think you’d fit right with the Friendship Force of Northern Colorado!

Barbara Miller, Reporter

JEWELS OF CENTRAL EUROPE DISCOVERY EXCHANGE

There is progress on the Jewels of Central Europe exchange. The dates have been tentatively set for **September 23 to October 8, 2013**. We just learned that we will have a 2-night homestay with the FF club in Bratislava. When they learned we were coming on a Discovery Exchange, they very kindly invited us for a short homestay for October 3rd and 4th.

In addition to the four countries already on the schedule, Poland has been added. We will visit Prague first, then travel to Cracow (their spelling), Budapest, Bratislava, and Vienna. We will be two nights in each city, except Budapest, where we will have one extra night.

Definite pricing cannot occur until we are well within a year of the departure date, but the hope is to keep the fee in the vicinity of \$3,600. Travel will be during the fall shoulder season, which will help control the cost.

For more information as it becomes available, contact Cinda Clark: 669.5426 or clarksmail@msn.com If you have not already done so, sign the list at the June meeting. I will be happy to keep you informed!



MYANMAR GLOBAL DISCOVERY EXCHANGE

Plans are progressing for the Myanmar Global Exchange for Aid & to Access a new Friendship Force Club. As you know, our club has agreed to take on the role of MENTOR for the new Friendship Force club that we hope to establish in Myanmar. So far, we have one FFNC member and six FF members from other clubs, who are planning to participate in this unique opportunity. It would be ideal to have more participants from our club, since we are officially the mentoring club.

Please take another look at the flyer that is posted on our website: ffncolo.com Click on the EXCHANGES tab, then scroll down to find the Myanmar Exchange and flyer.

Myanmar's landscape includes pristine beaches, snow capped mountains, and virgin jungles. Their rich cultural heritage spans more than two thousand years and is home to 135 different ethnic groups!

We have multiple purposes with our Discovery Exchange:

- * to help get a new FF club started
- * bring humanitarian aid to Myanmar
- * meet people and learn about the culture of this country in SE Asia
- * see exotic scenery
- * experience the breathtaking beauty and charm of this fascinating country

Date: February 2013

Costs estimated at \$2,500 including FFI fees, all meals, lodging, guides, transportation and flights within Myanmar.

Note: International flights are additional

Organizer (E.D.) Dot Cada

dotcada@yahoo.com 970 667-7548

Sign-up to Participate in Lincoln Week with FFNC

Print and fill out this sign-up page. Bring it, along with your check to the June 8 meeting.

We'd love to have lots of club members involved in this special week
with our Lincoln friends who will be here June 21-28.

Exchange Director: Carolyn Crowley 377-1299 cjcrowley@gmail.com

Event	Cost	x	#	Total
Thursday, June 21 - Prospect Visitors Center				
* 4:30-5:30 Hosts meet Ambassadors				
Friday, June 22 - Eaton/Greeley				
* 9:30 Washing Machine Museum (Eaton)	\$3	x		\$
*11:30 Greeley Centennial Village	\$4	x		\$
* Lunch on own/Sightseeing				
* 2:30 Greeley Freight Station Museum	\$5	x		\$
* 5:30 Welcome Dinner Poudre Learning Center	\$10	x		\$
Saturday, June 23 - Estes Park				
* 9:30 Beaver Meadows Visitor Center (Film)				
*11:00 Box lunch @ Hidden Valley	\$7.50	x		\$
*PM Sightseeing/Shopping/Wine Tasting				
Scandinavian Midsummer Festival				
Sunday, June 24 - Free Day				
* 6:00 Community Dinners				
Monday, June 25 - Berthoud/Loveland				
* 9:30 Northern Colorado Water Conservancy Dist Tour				
*12:00 Lunch at Runza	\$7	x		\$
* PM Benson Sculpture Park/Chapungu Park				
Tuesday, June 26 - Boulder				
* 9:00 Johnson's Corner - Cinnamon Roll & Coffee	\$4	x		\$
*11:00 Leanin' Tree Museum				
* 1:30 Celestial Seasonings Tour (lunch on own)				
* 5:30 Boulder Dushanbe Tea House Dinner	\$14	x		\$
Wednesday, June 27 - Fort Collins				
*10:00 Global Village Museum	\$3	x		\$
*12:30 Lunch @ Gardens on Spring Creek	\$7.50	x		\$
* 2:00 New Belgium Brewery Tour (25)				
* 4:00 CSU Veterinary Hospital Tour (20)				
Thursday, June 28 - Red Feather Area				
*12:00 Shambhala Mountain Center Lunch & Tour	\$15	x		\$
* 4:30 Alice Gibson's Cabin/Farewell Potluck				
*** Attending Potluck ? Circle: YES NO				
Total Paid:				\$
Name:				
Phone:				

Inbound

Outbound

EXCHANGE & EVENT CALENDAR**2012 OFFICERS & COMMITTEE CHAIRS**

2	Lincoln, NE	June 21-28, 2012
0	ED: Carolyn Crowley	377-1299 cjcrowley707@gmail.com
1	To Cheyenne for Annual Picnic	
2	August 26, 2012 1-4 p.m.	
	To BRAZIL	Sept 18- Oct 6, 2012
	Sao Jose do Rio Preto homestay Curitiba Metropolitan homestay Extension tour Judy Flatley 223-1037 flatjl@msn.com	
	South Taranaki, NZ	October 14-20, 2012
	Cindy Paulson 225-2252 cdp225@msn.com	
	To FFI World Conference in Hiroshima October 30-November 3, 2012	
	To Dallas	November 7-14, 2012
	ED Alice Gibson 310-8848 aligibs@yahoo.com	
2	To COSTA RICA	January 6-22, 2013
0	Turrialba Homestay plus tour extension	
1	Co-EDs: Cindy Paulson & Marcia Ross cdp225@msn.com mross377@msn.com	
3	To MYANMAR	February 2013
	Global Exchange for Aid & to Assess New FF club Exchange Director, Dot Cada dotcada@yahoo.com 970 667-7548	
	Willamette Valley, OR	June 12-18, 2013
	Penticton, BC, Canada	September 2013
	Revisitation ED Barbara Miller Asst ED Kay Thomas	
	To Discover Europe	Sept 23-Oct.8, 2013
	"Jewels of Central Europe" Krakow Vienna, Bratislava, Prague, Budapest ED Cinda Clark clarksmail@msn.com	

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Thelma Slocum, & Brenda Wiginton

NEWS FROM BETTY JEAN DEMERSSEMAN, MT. STATES FIELD REP



Betty Jean DeMersseman

FFI is working on a new Leadership Training Manual. I volunteered two of our own, Cinda Clark and Nancy Brigden, to be consultants for this project.

The **35th FFI World Conference** will be in **Hiroshima Oct.31 - November 3**. Sign up is going well with about 100 delegates registered so far. There are 15 different clubs in Japan that are preparing for post conference hosting. Attending the World Conference and post-conference exchange is great way to make contacts for future exchanges, especially when the Ambassadors are from all over the globe.

Health and Mobility Issues were addressed at the Regional Conference. Each club has a greater responsibility to utilize the new FFI policy and checklists to communicate the levels of activity and mobility that each exchange will have. Exchange directors are expected to “accept only those ambassadors who are capable of participating fully in the planned activities, and accept hosts who are able to carry out the hosting responsibilities. When someone at the conference call asked what was the most compelling discussion, I mentioned two parts of the Health and Mobility Issue. One is if a person is unable to participate in only one day’s activity, must that person still decline to go on the exchange? The reps agreed that if there is no alternative activity given, then that person can not participate in the exchange. The second part of the question was “What if I just stay on the bus?” This option is not as simple as it seems. If the bus has to be moved and the tour guide is not there with his umbrella of insurance, then you can’t stay on the bus.

FFI master calendar additions: **Mt. States Regional Conference will be in Salt Lake City in Spring of 2014**

Mt. States Leadership Conference in New Orleans during 2013 FFI World Conference

Friendship Force of Cheyenne has set the date for the **Regional Friendship Force August Picnic**. We’ll gather in Cheyenne on **Sunday, August 26, 2012** from 1:00-4:00 at the Lion’s Park; 901 Martin Esquibel Drive. Our club and Estes Park club will bring side dishes, and Cheyenne will provide the beverages & tableware. Mark your calendar for this fun opportunity to reconnect with our regional FF neighbors. More information and directions to Lion’s Park will come in the July-August FFNC newsletter.