



friendship force  
NORTHERN COLORADO

# FRIENDSHIP FLYER



Ed Brigden—Editor & Publisher

March  
2012

## Fort Collins, Greeley, Loveland, and Surrounding

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### FROM OUR PRESIDENT



In 2005, March 1<sup>st</sup> was designated as “World Friendship Day” in a U.S. Senate proclamation. This date acknowledged the original founding of the Friendship Force on March 1<sup>st</sup>, 1977, when it was announced in a White House ceremony by President Jimmy Carter.

We have a wonderful club event planned with an international pot luck dinner to celebrate World Friendship Day during our March 9 meeting. This will be an excellent time to bring guests and prospective new members to an FFNC program. The FFI theme for this year is *Building Friendships for a New Generation*. Let’s see what we all can do to continue to grow our membership and active participation in FFNC in 2012!

Many thanks go to the WFD committee members and table hosts. Under the excellent organization and leadership of committee chair Barbara Miller, members Jane Willhour, Anita Kopyay, Betty Jean DeMersseman, Nancy Brigden, Cinda Clark and Marion Sparks have planned a very special celebration! Table hosts for the event are Nita Kopyay, Betty Jean DeMersseman., Doris Rogers, Marion Sparks, Larry Clark, Nancy Brigden, Willie Westdorp, Dennis Miller, and Helen Carihfield. Thanks to all of you for stepping up to organize this special event. The committee decided we will NOT dress in international clothing this year. They have several other fun activities planned instead!

All members attending are asked to bring an ethnic pot luck dish to share---either a main dish or a side. The committee asks that you put a little extra effort into preparing and sharing one of those yummy dishes you may have experienced during an exchange, or some other favorite international dish you enjoy. The committee requests NO desserts as we will be celebrating the 35<sup>th</sup> Anniversary of Friendship Force during this event, with a cake & fruit provided by the club.

I’M LOOKING FORWARD TO SEEING YOU ALL THERE ON MARCH 9<sup>th</sup>!

When you see Ed Brigden, give him a special THANK YOU for getting our FFNC website updated and running. He has spent countless hours learning the programming and developing an extremely useful and informative website for our club. Great job Ed!

Marcia Ross

**Next Meeting**  
**March 9, 2012**  
**6:00 PM**  
**WORLD**  
**FRIENDSHIP DAY**  
**CELEBRATION**  
**WITH POTLUCK**

Faith Church  
Of Christ  
1020 Walnut  
Windsor, CO

## UPCOMING EXCHANGES

### LINCOLN, NE

JUNE 22—28

*Inbound*

The Lincoln club currently expects to have from 20 to 25 ambassadors for our interclub Exchange in June. Plans for a fun week of activities are well underway.

Thanks so much for the great response for volunteers—as hosts and as committee members. We could use a few more hosts—home, day and dinner. Please sign up at the March meeting...or contact me.

#### EXCHANGE DIRECTOR

**Carolyn Crowley** 377-1299  
[cjcrowley707@gmail.com](mailto:cjcrowley707@gmail.com)

### NEW ZEALAND

OCTOBER 14—20

*Inbound*

Plans are progressing nicely for our incoming New Zealand exchange. Ann Chisnall, the exchange director for the South Taranaki club, tells me that their schedule for the visit will begin in San Francisco on September 27. Thereafter, the group will travel to Harrisburg-Lancaster, PA for an exchange with that club, followed by eight days of travel through Kentucky and Tennessee, before arriving in Colorado on October 14. Our week-long exchange will conclude on October 21. Most of our Kiwi friends will return to New Zealand at that time, while some have plans for further travel.

We have begun to form an exchange committee, and are inviting people to sign up to participate as hosts, dinner hosts, or day hosts. We expect the visiting group to number 20 people. Ann mentioned that she will send us the

### BRAZIL

SAO JOSE DE RIO PRETO

CURITIBA METROPOLITANO

SEPTEMBER 17—OCTOBER 5

*Outbound*

The Brazil Exchange still has several openings for ambassadors so I hope that you will consider this wonderful opportunity to visit our southern hemisphere FF friends. Weren't you galvanized to action by the February program from Heloisa? She showed us that Brazilians are fun-loving, warm and welcoming people.

Both clubs are planning a number of fun and interesting activities. They also assure me that we will not have any trouble with communication. You do not need to learn Portuguese.

Experience the largest country in South America, one with a thriving economy. What are you waiting for? See me for a sales pitch.

#### EXCHANGE DIRECTOR

**Judy Flatley** 223-1037  
[flatleyjl@msn.com](mailto:flatleyjl@msn.com)

list of ambassadors in mid-March, when their deposit payments are due.

We are extending an invitation to the 12 non-FFNC ambassadors (who were part of the World Exchange to New Zealand in late 2010) to come to Colorado to join us in this exchange. We hope to reunite as many as possible from our New Zealand group in October.

Please mark your calendars for October 14-21 and plan to be involved in this special week!

#### EXCHANGE DIRECTOR

**Cindy Paulson** 225-2252  
[cdp225@msn.com](mailto:cdp225@msn.com)

## FFNC CELEBRATES WORLD FRIENDSHIP DAY MARCH 9 MEETING

Our Friendship Force of Northern Colorado club will celebrate World Friendship Day on Friday evening, March 9, at 6:00 pm with an international potluck dinner at Faith United Church of Christ in Windsor (1020 Walnut St.). **Members** will bring **main dishes** and **side dishes** with an ethnic flare as we enjoy the cultural diversity gained from worldwide travel. The club will provide drinks and a delicious dessert.

Table hosts will reflect the various countries visited as they decorate accordingly. Each table group will participate in a unique trivia activity about that country. Members are invited to display scrapbooks, clothing, artwork,

on-line books, and souvenirs from their travels.

Our program for the evening will also include a short video about World Friendship Day, a preview of our club's new website and a report on upcoming outbound Exchanges as well as inbound Exchanges from New Zealand and Nebraska.

The theme for World Friendship Day is **Building Friendships for a New Generation** as we celebrate the 35<sup>th</sup> Anniversary of Friendship Force International. Please, come and enjoy...and bring a friend!

*Barbara Miller*

## JOIN FF-GREATER ORLANDO COMITAN, MEXICO—MAY 13-20

Comitan is one of Mexico's most stunning scenic areas; mostly wild and rugged and rich in indigenous life and culture. Thickly wooded jungles, mountains and valleys combined with traditional cultures and indigenous roots have kept the look, feel and style very distinct from the rest of Mexico.

Although there are some cities, symbols and events here which reveal the area's colonial heritage, the population is still well installed within its indigenous roots; life is still lived according to custom and ritual.

Many argue that the natural beauty of this area has no parallel in Mexico; deep green forested alleys, awesome waterfalls and high mountains with deep

canyons & gorges, a colossal wealth of flora, fauna and wildlife and glorious lakes certainly make this area one of Mexico's most unspoiled natural paradises.

Visit historic sites and breath-taking natural location while you immerse yourself in the cultural splendour of Mexico's warm hospitality.

We have room for ten guests to join our trip.

Contact Sue Easton [sueeaston@juno.com](mailto:sueeaston@juno.com) to learn more.

***This is a great trip for those who want a one week, inexpensive experience!***

## FF REGIONAL CONFERENCE—CHEYENNE, WY—APRIL 27 & 28

### “Ropin’ The Friendship Future”

Let’s all get registered for the Mt. States Regional Friendship Force conference, to be held this year in Cheyenne, April 27-28. Refer to page 4 of our February newsletter for complete details and specifics about the conference program, pre-conference tour of historic Cheyenne, home-stay and hotel options. Registration forms were distributed at our Jan. and Feb. FFNC meetings. If you didn’t get one, it’s available on our FFNC website: [ffncolo.com](http://ffncolo.com) (click on **Regional, Forms and Upcoming** tabs for information and forms). OR visit the Cheyenne FF website: [www.cheyenne.org/FF](http://www.cheyenne.org/FF) Information about the conference, as well as [links to the conference program and the registration form](#) are in the center of the home page of the website.

Complete and mail your registration form with your check made payable to **Cheyenne Friendship Force**, to: Jan Behrens, FFI Conference Treasurer, 1111 Spirit Lane, Cheyenne, WY 82009-1857

EARLY REGISTRATION price of \$90 is available through March 16. After March 16, the price increases to \$100.

We hope to have a great turnout from FFNC at this year’s conference. We’ll talk about carpooling at the March and April meetings. So for now, be sure to GET REGISTERED. You won’t want to miss this excellent opportunity to meet and network with members from our three-state region and to learn more about all things Friendship Force!

Our FF region includes five Colorado clubs, plus one in Salt Lake City and one in Cheyenne. These seven clubs come together for regional conferences every two years. As you probably recall, FFNC, with Marion Sparks as our able conference chair, hosted the conference in 2010.

This year’s Western theme conference promises to be an exciting, interesting, entertaining and informative two days!

#### **SO DON’T MISS IT!**

Need more information or have questions?

Cindy Paulson, FFNC conference liaison  
225-2252 [cdp225@msn.com](mailto:cdp225@msn.com)

## DON’T MISS THE EARLY ROUNDUP!!

Register for the Mountain States Regional Conference by March 16 for the special price of \$90 – what a bargain! Where else can you get genuine western hospitality that includes home-host lodging, four meals, entertainment, and a trolley tour that complement our conference agenda of informative workshops and FFI speakers?

A great conference will be made even better if YOU plan to join with your FF friends and come to Cheyenne. A registration form can be found on <http://www.cheyenne.org/FF/>.

For Friendship Force questions or conference registration information, call or e-mail Judy Eatmon at (307) 632-6547, [jreatmon@bresnan.net](mailto:jreatmon@bresnan.net) or Barbara Guilford at (307) 634-0309, [guibaum7@yahoo.com](mailto:guibaum7@yahoo.com).

*Judy Eatmon, FF Cheyenne*

## FFI FIELD REP UPDATES

The February Field Rep conference call included regional updates from all the participating reps.

The Australia and New Zealand national conferences attracted 260 members (Australia) and 120 (NZ) for full workshops, presentations and open forums. This was a very successful three days.

Exchange proposals for 2013 were sent out several weeks ago. To recap, there were many US clubs that did not receive an outbound exchange in 2012. Limiting factors included the numerous requests for European travel. Other clubs

requested locations that had hosted many US clubs in 2011. The FFI Exchange Coordinator admitted that her approach to send many US clubs to popular regions in one year has created an adverse impact for the following year.

FFI currently has an Exchange preference waiting list, to which US clubs may be added. New and change proposals will be made at a later date.

At the March 15 Conference Call, George Brown (FFI CEO) will present an overview from the upcoming FFI board meeting.

*Betty Jean DeMersseman*

## NEW FFNC WEBSITE IS UP! FFNCOLO.COM

Welcome to the new and long-awaited FFNC website! We are finally live...and well.

Long-time members, Gwen and Joe Kelly, created and managed our FFNC website from 2002 to 2009, when they moved from the area. Since the site resided within their personal internet account, we lost our web presence three years ago. And since no one was qualified to assume this task, the site was not re-established.

As the Kellys prepared to leave, I volunteered to assume the task of building and managing a new club website. Oops. *I had no idea what was ahead. Mistake #1? But, certainly I could locate someone to coach and tutor me. Mistake #2. Surely the library, with all those books and reference materials—got it made! Mistake #3.*

Then, following a long chat with myself, I discovered a resolve and determination to “get it done”! I researched website development software and a set of tutorials. Armed with my preferred software and tutorials, it took three weeks in my basement “cave” to get acquainted with the technicals, absorb the tutorials and create our website that currently is made up of 15 pages. Once again, we now have a club resource for us to stay up-to-date on our numerous

activities together with many frequently used reference materials.

The website, in addition to the traditional “home” page, houses the following:

- ⇒ **Upcoming Events & Opportunities**
- ⇒ **Leadership—Officers & Committee Chairs**
- ⇒ **Regional Activities-Mountain Region clubs**
- ⇒ **About Us—Who We Are**
- ⇒ **New Events—News Hot Off the Press**
- ⇒ **Programs-Upcoming and Past**
- ⇒ **Exchanges—Everything Upcoming**
- ⇒ **Newsletters—Published in 2012**
- ⇒ **Forms—Printable for Your Use**
- ⇒ **Store-Intro with Pictures of Items**
- ⇒ **FFI Link**
- ⇒ **Contact Information -Key Officers, Chairs**
- ⇒ **FFNC History**
- ⇒ **Activities in N. Colo. For Exchanges**

Please share with me your thoughts and wishes for additions and improvements. This is OUR website for OUR benefit and use. The site is dynamic with regularly updated information. Let's make it a resource that fits our needs.

*Ed Brigden*

## FEBRUARY 10 MEETING PRESENTATION-BRAZIL

We had a very enthusiastic presenter from Brazil at our January meeting. Heloisa Adegas, one of our youngest speakers, is 17 years old. She is here with her family while her father is doing post doctoral work in agronomy at CSU. Her hobbies are traveling and playing music. One of her many interests is politics. (When she is President of Brazil, we can say “We knew her when...”).



*Photo: Marcia Ross*

Brazil, the largest country in South America, is 8 million sq. km. and the fifth largest country in the world. It is divided into 26 states. Like the United States, it has different weather and vegetation patterns, dependent on location. The Amazon region is densely forested in the north. The northeast coast is semiarid ; mountains, hills, and rolling plains dominate the southwest; and open savannahs fill the midwestern part. The world's largest wetland area is the coastal lowland. The climate is mostly tropical or semitropical with a temperate zone in the south. They don't have four seasons as we do, but two. It is hot about 90% of the time and cooler 10% of the time around September.

Pedro Alvares Cabral claimed Brazil for Portugal in 1500. The country ruled from Lisbon until 1808. In 1763 the capital was transferred from Lisbon to Rio de Janeiro because they found gold there. In 1960 Juscelino Kubitchek, in an effort to populate the middle of the country, designed the new capital city of Brasilia in central Brazil with an innovative airplane design.

Brazil is a very diverse country, more urbanized than rural. The language of Brazil is Portuguese, the most spoken language in the world. English is the third. Two phrases she taught us were: “Oi” for “Hi” and “Tudo bem?” For “how are you?”

In early days, African slaves were brought over to work in the sugar fields. We learned that 40% of all the world's slave trade went to Brazil. It wasn't until 1888 that slavery was abolished by Princess Isabella. On September 7, 1822, Brazil became independent from Portugal. Brazil became a republic in 1889. But in 1964 the military took over and controlled the government for 20 years. In 1985 Brazil became a democracy with separation of powers between the legislative, executive, and judicial branches. The primary religion is Catholicism.

In the 1800's coffee came to Brazil and became its most important crop. Half the world's production of coffee is consumed in the USA. Today Brazil is one of the fastest growing economies in the world. The Monetary system is the Real. (1 Real = 1.75 U.S dollars). The private schools in Brazil are much better than the public schools but the colleges are public. Brazilians enjoy many sports, including volleyball, gymnastics, and soccer.

The food diet in Brazil consists of daily rice and beans together with pork and cheese breads and a wide array of tropical fruits. The tropical weather supports production of a large variety of fruits and vegetables.

Brigadeiro is a chocolate delicacy that is served for all children's parties. Heloisa and her mother made some and served it to us at our meeting. Yummy!

Heloisa loves music. In Brazil they have the samba, axe, rock, pop, country, MPB. She even gave us an enthusiastic samba demonstration.

Heloisa's dad shared that our talented young speaker is fluent in 4 languages, including English, Spanish and French.

Inbound

Outbound

## EXCHANGE CALENDAR

## 2012 OFFICERS & COMMITTEE CHAIRS

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3

### Mountain States Regional Conference

April 27-28  
Cheyenne, WY

### Lincoln, NE June 22-28

Carolyn Crowley 377-1299  
cjcrowley707@gmail.com

### Brazil Sept 17-Oct 5

Sao Jose de Rio Preto Sept 18-24  
Curitiba Metropolitan Sept 24-30  
Judy Flatley 223-1037  
flatleyjl@msn.com

### South Taranaki, New Zealand October 14-20

Cindy Paulson 225-2252  
cdp225@msn.com

### FFI World Conference

October 30-November 3  
Hiroshima, Japan

### Costa Rica

Turrialba January

### Discover Europe TBA

“Jewels of Eastern Europe”  
Vienna, Bratislava, Prague, Budapest

### Willamette Valley, OR

Revisitation TBA

### Discover America Arts & Nature August

### Penticton, BC, Canada

September

### FFI World Conference

November 22-25, 2013  
New Orleans, LA

### PRESIDENT: Marcia Ross

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### Telephone Tree: Barbara Turnbull

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### Music: Rosemary Donovan, Larry Clark

669-8818 donovangcd@aol.com

669-5426 clarksmail@msn.com

### Store: Paulette Weaver & Barb Turnbull

356-5068 interweaver@greeleynet.com

493-0787 b.turnbull493@gmail.com

### Historian: Ken Weaver

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### Greeting Table: Willie Westdorp 667-6525

Carolyn Crowley 377-1299

### Hospitality: Mary Riney 330-5248

Debbie Jones 686-0303

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203-9045 doris.rogers@live.com

### Photographers: Cathie McCallum, Ed Brigden, Cindy Paulson

### Reporters: Barbara Miller, Marion Sparks, Thelma Slocum, Brenda Wiginton

## BARB MCCAULEY

Barb McCauley has had a rough go. She has just successfully made it through another lengthy surgery. Attended by her daughter, Barb is now out of the hospital and is recuperating at home.

## GERRY DONOVAN

Gerry Donovan (Past FFNC President, 2004) continues to recover from a stroke suffered on January 15. Following a month of rehab at the Northern Colorado Rehabilitation Hospital, he is now at home with periodically scheduled rehab exercises as he continues to regain full use of his left side.

Gerry anticipates an upcoming angioplasty procedure to return his arteries to a healthier condition.

## MISSING SPOON

A serving spoon is missing following our February 10 meeting. If you are aware of an unfamiliar or extra serving utensil, please contact Marian Sparks at 667-1281 or mnsparks@q.com. Bring a smile to Marian's face!

## EARLY, EARLY SPRING BENSON GARDEN OUTLOOK

Since club volunteers did such a good job in last fall's cleanup, we've only scheduled a light cleanup this spring. Our first workday is planned for Saturday morning, April 14. Just beforehand, the volunteers will be hosted at the home of Anne Brown for a potluck breakfast. So bring a dish for the table and come to Anne's at 9 AM. Over breakfast, we shall discuss what is ahead and then move to the Gardens for our first work session.

Note: Considering Colorado's fickle weather, a rain/snow date is set for one week later (4/21).

*Nancy Brigden*

## Mark Your Calendars:

### *Garden Schedule for Springtime 2012 is:*

- April 14: Gardeners' Potluck Breakfast 9-10 AM  
at Anne Brown's home  
Garden Cleanup 10-11:30 AM
- April 21: **Rain/Snow Alternate Date** for Garden  
Potluck & Cleanup
- May 12: Garden Workday 10-Noon
- May 19: Continued May Workday 10-Noon (if needed)
- June 1: Benson Gardens Combined Planting Day
- June 9: FFNC Workday (if needed)